

Conversation Starters

- What is your work situation like right now?
- Have you ever taken a personality test? If so, what were your results?

Discuss

The time that we're in right now gives us an opportunity for a "reset" of our life, taking a moment for deep reflection about where we're heading and how we're getting there. Many of us now are thinking particularly about our work in ways we never have before. As we go through a vocational reset, we first need an understanding of who God made us to be. Knowing our S.H.A.P.E. can help us:

"Your hands shaped me and made me." ([Job 10:8 NIV](#))

"The people I have shaped for myself will broadcast my praises." ([Isaiah 43:21 NIV](#))

Spiritual Gifts: A spiritual gift is a supernatural ability to develop a particular capability.

"Christ has given each of us special abilities - whatever he wants us to have out of his rich storehouse of gifts." ([Ephesians 4:7 LB](#))

- Do you know your spiritual gifts?

Heart: This is all about your passions and what stirs you most deeply into action.

"As a face is reflected in water, so the heart reflects the person." ([Proverbs 27:19 NLT](#))

- What are you passionate about?

Abilities: This speaks to your natural talents.

"God has given each of us the ability to do something well." ([Romans 12:6 LB](#))

- What are your talents?

Personality: Your unique internal makeup and disposition, how you are wired up.

"God works through different people in different ways, but it is the same God who achieves his purpose through them all." ([1 Corinthians 12:6 Phillips](#))

- Do you know your personality type?

Experiences: What you have stored up in terms of knowledge, background, education, wisdom.

"Remember today what you have learned about the Lord through your experiences with him." ([Deuteronomy 11:2 GNT](#))

- What life experiences have you had to date?

Once we have down who we are, it is then important for us to do something with it. God did not make us to waste what we have been given. And It is not so much that you are what you do, as much as it is that you should do what you are. Here is how the Bible puts it:

"Since we find ourselves fashioned into all these excellently formed and marvelously functioning parts in Christ's body, let's just go ahead and be what we were made to be." ([Romans 12:5 Msg](#))

- Are you investing in an area that reflects your S.H.A.P.E.?

While we may not all be in an area that reflects our S.H.A.P.E., the headline for everything God would say about whatever reset you're going through is to do it all for the glory of God.

"...whatever you do, do it all for the glory of God." ([1 Corinthians 10:31 NLT](#))

- What kind of work ethic do you approach your work with each day?

Next Steps

Spend some time this week reflecting on your S.H.A.P.E., your current vocation and how you are approaching it. Take the [Spiritual Gifts](#) test to learn what your gifts are. If you're still new to Christianity, join us for [Starting Line](#) to learn about other ways you can explore.

Further Reflection

Read [1 Corinthians 12:1,4-7](#); [Proverbs 4:23](#); [Psalm 139:13](#); [Galatians 3:4](#); [Romans 8:28](#).

Pray

God, thank you for taking the time to shape each and every one of us; for all of the gifts and abilities and personality and passions. Regardless of where we are at with our jobs and careers right now, help us to know ourselves and use that to follow you more closely in our work life. Help us to use all that we have been given as you intended.