

Conversation Starters

- Have you ever asked a question that you immediately regretted asking?
- Do you have questions that you like to ask someone when meeting for the first time?

Discuss

Getting questions right can be a game-changer for life because almost all life-change starts with a question. We must be sure to ask ourselves the important questions of life, not just the urgent ones that often scream out and take attention away from the important that truly lead to life-change.

- Do you have any New Years' resolutions?
- What questions are you asking yourself at the start of the new year?
- Are the questions you're asking yourself regularly urgent or important?

The most important questions you can ask yourself are spiritual questions. Throughout his life, Jesus asked other people these questions to lead toward life-change that we can learn from. He once asked a physically lame man if he wanted to get well, and was likely speaking more toward his spiritual condition versus his physical condition. It was meant to remind him and us that we all need a restored relationship with God that only Jesus can heal us with.

"One who was there had been an invalid for thirty-eight years. When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, "Do you want to get well?" ... Then Jesus said to him, "Get up! Pick up your mat and walk." At once the man was cured; he picked up his mat and walked...Later Jesus found him at the temple and said to him, "See, you are well again. Stop sinning or something worse may happen to you." (John 5:5-6, 8-9, 14, NIV)

- How would you describe your spiritual condition?
- Have you ever explored a relationship with God?
- What do you know about Jesus?

Jesus' question is one we should all ask ourselves, remembering that there is a difference between *wanting* to "get well" and *needing* to "get well."

- Are there areas of your life you need to get well and have struggled to change?
- Have you taken steps to work towards that change, which is reflective of really *wanting* change?
- What steps have you taken to learn more about God or grow in your relationship with him?

Next Steps

Take some time to think about what is important in life. What steps are you taking to experience change?

Are you open to a relationship with God? You can explore, at your own pace, a relationship with him in Foundations 101 (listed below).

Have you already committed yourself to a relationship with God? You can grow more in that relationship by joining us for Foundations 101 or Find Your Fit (see below).

Find Your Fit

Monday, January 14, 2019, 6:30 PM - 8:00 PM

Location: North Charlotte Campus, [8335 Browne Road Charlotte, Charlotte, NC US 28269](https://www.mecklenburg.org/event/862309-2019-01-14-find-your-fit/)

Register: <https://www.mecklenburg.org/event/862309-2019-01-14-find-your-fit/>

Foundations 101

Monday, January 28, 2019, 6:30 PM - 8:00 PM

Location: North Charlotte Campus, [8335 Browne Road Charlotte, Charlotte, NC US 28269](https://www.mecklenburg.org/event/1184312-2019-01-28-foundations-101/)

Register: <https://www.mecklenburg.org/event/1184312-2019-01-28-foundations-101/>

Further Reflection

See John 5:1-14

Pray

God, thank you for these questions from Jesus and for the opportunity to have a relationship with you. As we think about this new year, help us to ask ourselves the right questions about life and as we think about areas of our life that need changing to see and take the steps that we need to take to make that change.