

## Discuss

**Comparing Generation Z to previous generations, we find a new sexual fluidity along with a spike in gender dysphoria at a late age (known as Rapid-Onset Gender Dysphoria) that is often tied to peer pressure, exposure online to sites encouraging identifying as trans, currently existing mental health issues, and more.**

- How does an awareness of sexual fluidity inform your understanding of how kids are growing up in today’s culture?
- How can you stay informed on all things related to sex and gender?

**Many kids struggling with gender dysphoria have other issues going on and often feel isolated with no one to turn to outside of peers and online communities. Parents should strive to be involved in their child’s life more than anyone, creating a relationship in which kids know that they can go to their parents and parents can go to them.**

- What are some issues or challenges a child is facing today that you likely didn’t have to face as a child? Are you someone they can turn to for help?
- If you’re a parent, are you involved in your child’s life more than anyone else? How are you or can you be creating a relationship where your child comes to you and you to them?

**When it comes to gender and sex, the internet is an extremely tough place to navigate. The proper assumption with parenting is that your children are immature and desperately need your parental maturity. Parents need to be in charge of what their kids are exposed to, including online and through their friends.**

- How are you staying in charge of what your kids are exposed to or learning about themselves and the world around them?

## Next Steps

**Parents need to stay informed, involved and in charge of their child’s world. And there’s still so much we can keep learning about gender. Commit to taking one more step in learning and growing, either by joining the book club or getting the book this series was based on: *Embodied: Transgender Identities, the Church, and What the Bible Has to Say*.**

**April 27:** [The Grounds Online Book Club: “Embodied”](#)

**May 3 & 5:** [The Gospels: Big Picture Bible Study](#)

## Continued Reading

Read [Genesis 1:26-28](#); [Deuteronomy 22:5](#); 1 Corinthians 6:[9-10](#), [18-19](#); [Romans 1:26-27](#).

## Prayer

God, you made and love each and every one of us. Thank you for what we are learning about being made in your image and our gender. Give us wisdom and help us to live as you intended us to. Help us to parent children and navigate gender in today's world. And help us to show them and the world your love for us.