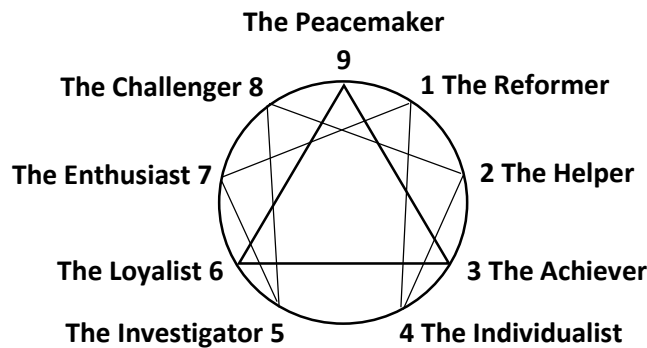


Conversation Starters

- Have you ever done something outrageous or outside of your normal behavior?
- Why did you do it?

Discuss



Discovering our Enneagram type ultimately helps us gain a better understanding of why we do the things that we do – our motivation for our behavior and not the behavior alone.

- How has your type helped you understand your behavior?
- Are there behaviors that you need to change or be cautious of?

A key takeaway from these learnings has also been for us to work on increasing in grace toward others. This is not meant for us to turn inward and ignore the people around us. While it's important to understand ourselves, the goal is for us to put on our new self, which includes our relationships with the people around us and how we reflect Christ.

- How does understanding your type change your perspective about others around you?
- What are some different approaches that you can take now when engaging with them?

A danger with the Enneagram is taking it to be more than it actually is. It is not doctrine or dogma. It is a tool for knowing God more and who He has called you to be, and is best used with other tools and spiritual disciplines.

- What are some other spiritual disciplines that you could utilize more regularly?
- Will you commit to taking one of these disciplines and putting it into practice?

Next Steps

Take a few minutes to pray through what we have learned. Think of a tool (Enneagram, book, etc.) that you could use to grow in your faith. Spend 10 uninterrupted minutes at three different days of this week working on how you will apply that tool.

Pray

Father, your love for us goes deeper than we can comprehend. You have uniquely crafted each one of us out of that love. We sometime lose sight of that for ourselves and for others. Thank you for never losing sight of that and for providing us with your Word to shape us so that we can know you and allow you to transform us into the people you desire us to be. Help us as we continue to grow in that understanding and follow you daily.

Resources

The Road Back to You by Suzanne Stabile

The Path Between Us by Suzanne Stabile

Online Enneagram Test: <https://www.exploreyourtype.com/details>