

Conversation Starters

- What comes to mind when you hear the name Jesus?
- What do you know about Him?

Discuss

Jesus had the most influential life in history, both spiritually and culturally. The entire Christian faith rises and falls on His life. He made claims that no other religious figure in history has made, the most important being His claim to be God in human form.

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me." ([John 14:6 NIV](#))

But Jesus remained silent and gave no answer. Again the high priest asked him, "Are you the Messiah, the Son of the Blessed One?" "I am," said Jesus. "And you will see the Son of Man sitting at the right hand of the Mighty One and coming on the clouds of heaven." ([Mark 14:61-62 NIV](#))

- What influences in culture have you seen the life of Jesus have?
- What claims of Jesus are you familiar with?
- How can the life of Jesus inspire you?

Jesus' claims are so outrageous and the evidence of His life so well documented that it forces a need for us to make a decision about who we think He is. C.S. Lewis once wrote that we are only left with calling Jesus insane, a liar or Lord.

- Jesus has the most documented life of all human history. Why is that significant?
- Lewis also noted people often call Jesus "just a good man," but concluded that that's not really an option. Why?
- Are there any other options you can think of?

Jesus did many things during His ministry, but the single biggest test and validation to His claims was Him dying and then rising from the dead. All the evidence that we have to look at says that He did in fact rise from the dead. While that seems impossible, if Jesus is who He says He is, then for Him it's not impossible and it should strengthen faith in Him.

Taking the twelve disciples aside, Jesus said, "Listen, we're going up to Jerusalem, where all the predictions of the prophets concerning the Son of Man will come true. He will be handed over to the Romans, and he will be mocked, treated shamefully, and spit upon. They will flog him with a whip and kill him, but on the third day he will rise again." ([Luke 18:31-33 NLT](#))

- Why is Jesus' resurrection so significant?
- What questions do you still have about Jesus?
- What would (or did) it take for you to put your faith in Jesus?

Next Steps

If Jesus is who He says He is, then this is everything. It's the single most important thing we can give our life to and worth wrestling with if we are still undecided about Him. We're really not left with an option to remain neutral on this. Meck has tons of resources to help you grow in your faith, regardless of where you're at. We invite you to allow us to help you explore. [Let us know](#) how we may help!

A relationship is at the heart of what it means to be a Christian. Are you allowing that relationship to shape you on a daily basis? If you would like some help in this area, consider taking [Training Camp](#), where you can learn more about what it means to relate to a supernatural God.

Regardless of where you're at, we all have a next step in our relationship with God and the church that He is building. Consider taking [your next step](#) this week at Meck.

Further Reflection

Read [Isaiah 53:2](#); [John 8:48-59](#); [Exodus 3:14](#); [John 10:36](#); [John 14:9](#); [Matthew 12:38-40](#); [16:1-4](#); [1 Corinthians 15:13-15, 20](#).

Pray

God, thank you for Jesus. Thank you for His life and the work that He did, how He lived, and the sacrifice He made to allow us to be in a relationship with You. Help us with any questions we may have about Jesus still that keep us from standing firm in faith. Put the right people and leaders and resources around us that show us Your truth.