

## Conversation Starters

- If you're a Christian, what led you to accepting Christ?
- If you're not a Christian, what is your perception of Christianity?

## Discuss

**True Christian spirituality is a developed intimacy with God, which results in an ongoing transformation into the likeness of Christ. There are some deceptions (such as religion and knowledge) about that development that we can fall prey to. Fundamentally, we need to understand that there is no such thing as a spiritual life. There's just life, and it's meant to be lived spiritually.**

*“Does merely talking about faith indicate that a person really has it?... Do I hear you professing to believe in the one and only God, but then observe you complacently sitting back as if you had done something wonderful? That's just great. Demons do that, but what good does it to them? Use your heads!” ([James 2:14.19. Msg](#))*

- Do you compartmentalize spirituality, or tend to think of it that way?
- With which deception of spirituality do you most identify?

**We can also fall prey to some myths (such as Instantaneous, Time, Effort, Solo, Transformation) about the life change that should happen in our life as we seek to reflect Jesus.**

*“Let your roots grow down into him and draw up nourishment from him. See that you go on growing in the Lord, and become strong and vigorous in the truth you were taught.” ([Colossians 2:7. LB](#))*

*“Though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again.” ([Hebrews 5:12. NIV](#))*

*“Everyone who is fully trained will be like his teacher.” ([Luke 6:40. NIV](#))*

*“As iron sharpens iron, so one man sharpens another.” ([Proverbs 27:17. NIV](#))*

- Which myth did you most believe?
- How susceptible are you to tackling the Christ life alone?

**After believing in Jesus, what comes next is becoming a disciple of Jesus. The word disciple literally means "learner." Our challenge is to become an active, self-motivated, self-feeding, learner.**

*"We have much to say about this, but it is hard to explain because you are slow to learn. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil."*  
*(Hebrews 5:11-14. NIV)*

- Have you fallen into the trap of thinking that discipleship is something you receive?
- In what areas do you need to cooperate more with the work of the Holy Spirit? Where do you need to make more of an investment in your relationship with God?

## Next Steps

**Take some time to consider how you might overcome the myths and deceptions about the Christian life. With much still to learn about what comes after believing in Christ, we can still take a step right now in pursuing a life like Jesus - we can position ourselves. Reflect or pray on how you are positioned to learn more about following Jesus.**

**Feb. 27:** [Second Harvest Food Bank Serve Day](#)

**Mar. 3:** [The Grounds Online Book Club: "After I Believe"](#)

**Mar. 6:** [MeckKidz Family Serve Day](#)

## Continued Reading

Read [James 2:14,19](#); [Colossians 2:7](#); [Luke 6:40](#); [1 Timothy 4:7](#); [Proverbs 27:17](#); Hebrews [10:24-25](#); [5:11-14](#).

## Prayer

God, thank you for loving us so much that you sent Jesus to die for us. Thank you for our new identities as your sons and daughters. Help us to learn and give us wisdom to live each day growing to be more like Jesus.